Welcome to ILA

If you would like to learn French quickly to communicate confidently and you only have a couple of weeks to do so plus you would like to study in one of France’s most attractive regions all year round, then you are at the right place. We at ILA commit ourselves to high-quality teaching and service, which is your guarantee for a successful stay.

ILA is an independent, highly accredited French language school located in the wonderful historical centre of Montpellier, offering high-quality French courses at affordable prices all year round. More than 35,000 students from all over the world have been coming to ILA for a unique French learning experience in the South of France since 1998. You will find a real international atmosphere with more than 2,000 students from over 80 different countries who have chosen to study French at our school each year. ILA is run by dedicated and qualified professionals who have many years’ experience in the various areas of managing language training courses. We are all multilingual and ready to help everyone with any problems they may have while they are with us. Our highly qualified, carefully selected and enthusiastic Teachers are specialized in teaching French as a foreign language. Their expertise means that they can offer you a high-quality learning experience where you and your needs are put first.

We want your French language stay with us to be beneficial as well as enjoyable and fun! Come along and enjoy a unique French immersion program at our highly accredited French language school in Montpellier!

Claudia Adenet and Stefan Kaven
Directors
Why study with us?

ILA is an independent French language school located in the wonderful historic centre of Montpellier, offering high-quality French immersion courses at affordable prices all year round. We have over 20 years’ experience in teaching French as a foreign language.

Academic excellence
ILA is the only French language school in Montpellier that has been awarded the 4 leading national and international accreditations. We are inspected by independent Auditors almost every year and our teaching is of a very high standard as a result. We have very experienced, highly qualified and dedicated Teachers who plan lessons according to CERC requirements with a minimum of 6 French levels – 8 to 10 most of the time – all year round, and all of this in an atmosphere which is both studious and relaxed at the same time.

High quality services
Our school is inspected not only on the quality of its teaching but also on all language services made available (environment, management, welfare, accommodation). We are renowned for our excellent customer service – reactive and transparent as well as accurate information right from the first contact made with us. We also provide very professional and friendly service locally thanks to our welfare team. Our students enjoy an individual and personalized experience.

Perfect location
Our school is located in the heart of the historic centre in a stunning private mansion house dating back from the 18th century. Our street is one of the most attractive ones in the pedestrian district and is very close to all places of interest as well as boutiques and restaurants. You cannot be more central in Montpellier!

High quality accommodations
Our in-house accommodation department offers high quality accommodation lodging with families or staying in residences. ILA is the only French language school in Montpellier with its own high-quality residence in a very central location.

An enjoyable learning experience
Our aim is to make your French language stay in France an unforgettable one. The classroom environment is made both serious and fun. During classes, our enthusiastic and dedicated French Teachers create an entertaining atmosphere where you can improve fast and have fun learning French.

ILA is incredible. It was much more than I expected. I would recommend ILA to anyone – it is wonderful. My Teacher was amazing, she was not only the best French Teacher I had ever had but also the best I had had in any subject.

Betsy (U.S.A.)
Montpellier

Montpellier, the capital of the Languedoc-Roussillon region, has a long tradition of student life due to having one of the largest and the most prestigious universities in Europe. More than 80,000 students study here, which makes up over a quarter of its population. Montpellier is by far the youngest city in terms of average age in France. Almost half the population is under 30 years old. You will feel this in everyday life - Montpellier is young, dynamic, creative and great fun.

You feel this student atmosphere when walking through the beautiful, warm coloured historic centre. Stroll down the narrow, picturesque alleyways, enjoy sitting on the terrace under the plane trees in any of the countless cafés. Experience the dynamic nightlife of Montpellier, in the city that never sleeps.

Admire the city centre, the impressive private mansion houses and beautiful parks. Thanks to its countless art treasures, Montpellier was given the official title of "ville d’art". Many street musicians and artists contribute to the cultural vibrancy.

Montpellier opens out to the Mediterranean Sea like an amphitheatre, onto its endless beaches of fine sand. On the way to the beach, you will go past the "étangs" (salt lagoons) and admire the huge colonies of gorgeous wild pink flamingos.

Montpellier is ideally located, between Provence, the “Cévennes” mountains, the Camargue and the Pyrenees, which means we can offer you countless possibilities for excursions. Take advantage of our excursion program and admire some UNESCO World heritage sites such as Avignon, the Pont du Gard, Carcassonne and Nîmes.

Wine is grown everywhere here. Visit the vineyards and the colourful local markets where you will be seduced by the scent of lavender and rosemary. Taste delicious local products while enjoying the easy laid-back lifestyle in the Southern French sun.

You will love our climate, which is pleasant and mild throughout the year - the sun shines for more than 300 days a year. Summer lasts well into October, which means you can still enjoy a delicious lunch outside on a restaurant terrace until late into the year.

300 sunny days a year

"I spent 4 extraordinary weeks at ILA! In addition to having good courses, with great energy, I got to take part in a lot of the extracurricular activities like the visit to the zoo in Montpellier, the excursion to Aigues-Mortes and the workshops set up to improve my French. The city really is beautiful, and you get to eat good food there! Thank you, ILA!" - Andrew (United Kingdom)
The Keys To our Success

There is no mystery or miracle to learning French! With the right preparation together with excellent French teaching methods, anyone can succeed in learning French. At ILA, our aim is to help you improve your French fast by providing you with the tools you need to succeed. Learning French successfully depends on the 8 following factors:

**Wide Range of Activities**
Our French Teachers set up role plays, simulation exercises and use a wide range of authentic documents. They create a dynamic and stimulating pace of learning, favouring both better concentration and motivation during multimedia activities.

**Competent and enthusiastic teachers**
Our caring Teachers do their utmost to help you achieve your language objectives. They are highly qualified and specialized in teaching French as a foreign language. Their experience, energy and relationship skills along with our communication method guarantee efficient teaching in a friendly and studious atmosphere.

**Lively, effective teaching**
Our practical and efficient teaching method aims to cover both linguistic and cultural skills whilst developing students’ ability to communicate. We favour active oral expression and comprehension without neglecting written French.

**Small class sizes**
Our classes are like mini groups and we keep numbers to a strict minimum of 10 so as to guarantee you get a place in the right class to suit you. Small classes also mean that your Teacher can create a friendly atmosphere, favouring both student interaction and ensuring individual attention.

**Self-learning**
You will improve better if you make sure you study by yourself out of class, which is why your Teacher will give you homework to do every day. These exercises will help you anchor the knowledge gained in class. Furthermore, we have Internet rooms as well as a library where you can work by yourself on activities taken from various websites for language learning.

**Individual care – Tutoring**
You can get an appointment with our educational advisor for help with learning outside the class once lessons are over. She can help pinpoint your needs and draw up a work program or just recommend French books for self-studying.

**Regular assessments**
Assessments are an integral part of your French course at ILA. Our Teachers ensure you are assessed on a regular basis. At the end of each cycle, every student is graded by the Teacher or by the CEFR self-assessment grid to acknowledge the student can continue with the next level. At the end of their stay, each student is given a certificate indicating the level they have followed and attendance.

« ILA’s fabulous instructors and supportive staff really know how to put together a comprehensive language and cultural learning experience which is fun. I’ve been back three times and I hope to return. »

Bram (Holland)
ILA offers a French level test online to allow you to grade your French level defined by the CEFR.

**ILIA-INSTITUT LINGUISTIQUE ADENET**

Whatever dates you choose and however much time you have available for studying French, we have a French course to suit you. We follow the Common European Framework issued by the European Commission for language learning. Our French language school in Montpellier offers a minimum of 6 different French levels, most of the time we provide 8-10 levels which include for example B1-, B1, B1 +.

### Course Levels

<table>
<thead>
<tr>
<th>LEVELS ACCORDING TO THE EUROPEAN FRAMEWORK</th>
<th>WEEKS</th>
<th>EXAM LEVEL</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A1 BEGINNER</strong></td>
<td>4</td>
<td>DELF A1</td>
</tr>
<tr>
<td>Can understand and use familiar everyday expressions and very basic phrases aimed at dealing with simple everyday communication. Can introduce him/herself and others and can answer questions about personal details such as where he/she lives, people he/she knows and things he/she has. Can interact in a very simple way provided the other person talks slowly and clearly and is prepared to help.</td>
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<tr>
<td><strong>A2 ELEMENTARY</strong></td>
<td>6</td>
<td>DELF A2</td>
</tr>
<tr>
<td>Can understand sentences and frequently-used expressions related to areas of immediate relevance (e.g., very basic family and personal information, shopping, local geography, employment). Can communicate about simple and routine tasks requiring simple and direct exchange of information on familiar and routine matters. Can describe in simple terms aspects of his/her background, immediate environment and matters in areas of immediate need.</td>
<td></td>
<td></td>
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<tr>
<td><strong>B1 LOWER INTERMEDIATE &amp; INTERMEDIATE</strong></td>
<td>6</td>
<td>DELF B1</td>
</tr>
<tr>
<td>Can understand the main points of clear standard input on familiar matters regularly encountered at work, school, leisure, etc. Can deal with most situations likely to arise when travelling in an area where the language is spoken. Can produce simple connected text on topics which are familiar or of personal interest. Can describe experiences and events, dreams, hopes and ambitions and briefly give reasons and explanations for opinions and plans.</td>
<td></td>
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<tr>
<td><strong>B2 UPPER INTERMEDIATE</strong></td>
<td>6</td>
<td>DELF B2</td>
</tr>
<tr>
<td>Can understand the main idea of complex text on both concrete and abstract topics, including technical discussions in his/her field of specialisation. Can interact with a degree of fluency and spontaneity that makes regular interaction with native speakers quite possible without strain for either party. Can produce clear, detailed text on a wide range of subjects and explain a viewpoint on a topical issue giving the advantages and disadvantages of various options.</td>
<td></td>
<td></td>
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<tr>
<td><strong>C1 ADVANCED</strong></td>
<td>8</td>
<td>DALF C1</td>
</tr>
<tr>
<td>Can understand a wide range of demanding, longer texts and recognise implicit meaning. Can express him/herself fluently and spontaneously without much obvious searching for expressions. Can use language flexibility and effectively for social, academic and professional purposes. Can produce clear, well-structured, detailed texts on complex subjects, showing controlled use of organisational patterns, connectors and cohesive devices.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>C2 PROFICIENCY</strong></td>
<td>8</td>
<td>DALF C2</td>
</tr>
<tr>
<td>Can understand with ease virtually everything heard or read. Can summarise information from different spoken and written sources, reconstructing arguments and accounts in a coherent presentation. Can express him/herself very fluently and precisely, differentiating finer shades of meaning even in more complex situations.</td>
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</tbody>
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« Organisation at ILA is perfect. The classes are very small and the levels are taken into account properly. It’s good because you get to improve fast. I am very happy with the progress I have made. »

Park Jaeil (South Korea)

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**COURSE LEVELS / ILA-INSTITUT LINGUISTIQUE ADENET**
Our French courses

I General French courses

The General French courses at ILA have never any more than 10 students per French class, often even only 5-8 students. You will learn French quickly during your French language immersion stay in France. We offer a wide range of courses for all objectives and on all levels.

<table>
<thead>
<tr>
<th>Course Type</th>
<th>Number of Lessons</th>
<th>Number of Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard</td>
<td>20</td>
<td>5 - 8 (max. 10)</td>
</tr>
<tr>
<td>Intensive «PLUS»</td>
<td>20 + 5</td>
<td>5 - 8 (max. 10) / 1 for private course</td>
</tr>
<tr>
<td>Intensive</td>
<td>30</td>
<td>5 - 8 (max. 10)</td>
</tr>
<tr>
<td>CSN Standard</td>
<td>20</td>
<td>5 - 8 (max. 10)</td>
</tr>
<tr>
<td>CSN Intensive</td>
<td>30</td>
<td>5 - 8 (max. 10)</td>
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<tr>
<td>Long-term</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Standard</td>
<td>20</td>
<td>5 - 8 (max. 10)</td>
</tr>
<tr>
<td>Intensive «PLUS»</td>
<td>30 + 5</td>
<td>5 - 8 (max. 10) / 1 for private course</td>
</tr>
<tr>
<td>Intensive</td>
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<td>5 - 8 (max. 10)</td>
</tr>
<tr>
<td>CSN Standard</td>
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<td>5 - 8 (max. 10)</td>
</tr>
<tr>
<td>CSN Intensive</td>
<td>30</td>
<td>5 - 8 (max. 10)</td>
</tr>
</tbody>
</table>

- Our 2 week stay at ILA went very well. We were very pleased to have a very friendly teacher. We really could improve our French in a short time. It was our first visit to Montpellier and it’s a really beautiful city. We loved to take pictures and were able to make very nice photos of the city. Thank you ILA!

- Kazuki and Takanari (Japan)

I DELF / DALF / University courses

ILA offers high quality DELF B1, B2 and DALF C1 exam preparation courses so that you can prepare properly for these official French exams. The main purpose of the University preparation course is to prepare students for University by providing them with the level of French required for French academic life. At the end of this course, students will be able to sit the DELF B2 exam, an entrance requirement for admission to a French University.

<table>
<thead>
<tr>
<th>Course Type</th>
<th>Number of Lessons</th>
<th>Number of Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>DELF B1 or B2</td>
<td>20 + 10</td>
<td>5 - 8 (max. 10)</td>
</tr>
<tr>
<td>DALF C1 Preparation</td>
<td>20 + 10</td>
<td>5 - 8 (max. 10)</td>
</tr>
<tr>
<td>French University</td>
<td>20 + 10</td>
<td>5 - 8 (max. 10)</td>
</tr>
</tbody>
</table>
I Summer courses
ILA offers great Summer French courses in small classes of maximum 10 participants. Our exciting activity program offers excursions to unique UNESCO World Heritage sites, many extravagant parties, interesting sightseeing, delicious tastings and great sports. Spend a fantastic summer in the Mediterranean, have a lot of fun and get to know people from all over the world.

<table>
<thead>
<tr>
<th>Course Type</th>
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<th>Number of Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer standard French course</td>
<td>20</td>
<td>5 – 8 (max. 10)</td>
</tr>
<tr>
<td>Summer standard «PLUS» French course</td>
<td>20 + 5</td>
<td>5 – 8 (max. 10)</td>
</tr>
<tr>
<td>Summer Intensive French course</td>
<td>30</td>
<td>5 – 8 (max. 10)</td>
</tr>
<tr>
<td>Summer Intensive «PLUS» French course</td>
<td>30 + 5</td>
<td>5 – 8 (max. 10)</td>
</tr>
<tr>
<td>Standard French course and teacher training</td>
<td>20 + 10</td>
<td>5 – 8 (max. 10)</td>
</tr>
<tr>
<td>Standard French course for Seniors over 50 years</td>
<td>20 + activity pack</td>
<td>5 – 8 (max. 10)</td>
</tr>
</tbody>
</table>

I Special French courses
The Special French courses at ILA offer topics like Business French, French + Cooking or French courses for seniors with an attractive activity pack. These French courses are also great for networking because there will always be other students from all over the world in the same class as you who share the same interests and objectives as yourself. You will have a great time learning French in France and enjoying yourself in wonderful Montpellier with like-minded students from all over the world!

« The ILA teachers are amazing and the office staff is wonderful! I had a wonderful experience at ILA and in Montpellier - I will come back soon! »

Peter (Australia)
Having the right accommodation is a crucial part of your language stay in France. Since everybody has different requirements, different habits and different lifestyles, ILA is pleased to offer a wide range of accommodation options to suit all budgets.

**Homestay**
Staying with a French host family is a unique and rich experience, a chance to get real immersion in the French way of life. Showing interest in your hosts and being open minded towards them will help you to integrate quickly during your stay in Montpellier. You will particularly benefit because you get to fully practise your French outside of class, and also have an interesting insight into French culture.

We place significant importance on reserving the best matching family for you. Our accommodation officer studies each student’s application carefully in order to book a family according to your profile. All families are carefully selected. We have great reputation for providing excellent host families.

**Aparthotel**
The Aparthotels are more upmarket than the student residences and offer higher quality accommodation and services. They provide air-conditioned studios with en-suite bathrooms and private kitchens. This type of accommodation suits the more discerned student looking for independent accommodation in Montpellier.

**Student Residence**
The student residences are very popular with those who like independence and meeting other students from all over the world. You have your own room with en-suite bathroom and your own equipped kitchen (or access to an equipped common kitchen). The atmosphere is lively. You are in close walking distance to our school. If you prefer the idea of mixing with other students from all over the world, going out a lot and being independent, then this option should definitely be considered.

**Rooms on University campus**
The rooms on the University campus are very popular with younger students, who want to enjoy independence and meet other students from all over the world. More basic and smaller than the rooms in at the student residence, this is the most economical type of residential accommodation in Montpellier. You have a private room with private en-suite bathroom. There is a kitchen, but you would need to bring cooking utensils and cutlery with you or otherwise make plans to eat at the University restaurants. You will be 10-15 minutes from our school by public transport.

* I’m very happy with my stay at ILA. My host family was amazing, very welcoming, very helpful. I learnt a lot of French with them.*

Carolina (Colombia)
Activity Program

Cultural activities play a major role in learning and understanding a foreign language. Learning a foreign language also means learning about culture and people. This is why we offer a minimum of 5 social or cultural activities a week, as well as excursions all year round.

Excursions
Discover world-class UNESCO sites like Avignon, Nimes, the Pont du Gard or Carcassonne on full day excursions; see some of the most beautiful villages in France; enjoy wonderful countryside or amazing cities like Marseille.

Tastings
France has wonderful culinary products to offer – join our tasting workshops and taste French cheese, amazing wine, delicious patisseries or local products from our region! Enjoy these delights and have a great time!

Cultural visits
Montpellier’s region is full of culture and history. Come along with us when we visit the fabulous Flaubergues château or taste wine at famous vineyards. Do not miss our city tours to see the highlights of Montpellier and to get many inside tips for your stay with us!

ILA events
The ILA events are famous! Come along to our wonderful sunset Catamaran party, our unique white dress party or our exciting Spring break party – you will meet other students from all over the world and you are guaranteed to have fun! Take part in our language exchange evening and meet local people.

Sports
Montpellier and its region offer excellent opportunities for sports. Join us for a wonderful canoe trip where you will get to see Montpellier from a different perspective or enjoy the famous “Pétanque” game. You will have a lot of fun during your French language stay.

« I had a wonderful stay at ILA. The activity program is great to meet other students from around the world. I made so many new friends. »
Nadine (Switzerland)
A professionally run French language institute right in the heart of Montpellier’s beautiful historic centre, setting the highest standards of teaching and services to achieve efficient, effective training in a friendly, personal atmosphere.